


PrEP Yourself



PrEP (pre-exposure prophylaxis) is a way for people who do not have HIV to help prevent HIV infection by taking a pill. When someone is exposed to HIV through sex, PrEP can help stop the person from becoming infected.



01 Is PrEP right for you?

Consider PrEP, if you tested recently HIV-negative and:

- have an HIV-positive partner;
- have multiple partners;
- a partner whose HIV status is unknown;
- you don't always have sex with a condom*;
- recently had a sexually transmitted infection.

02 Find out if PrEP is right for you?

Speak to the GU clinic team. For you to start PrEP you need a prescription from the GU doctor. If you take PrEP you need to get tested for HIV every 3 months. Do not miss follow up appointments with your doctor.



*PrEP only protects you against HIV and not against STIs. Always use condoms together with PrEP during sex to protect yourself.



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